

Beginner Rider Essentials

As with all sports riding has some important personal equipment. For the rider's benefit, once a student has decided to take regular lessons, we strongly recommend each rider have their own helmet, paddock boots and a pair of riding breeches. There are a lot of options, and they are all pretty good! We have picked out a few that have worked for many students in the past.

Helmets- come in a wide variety of sizes, it is important to not only get the right size but also the right shape. Typically you/your child's head will be either oval or round. You can confirm with the retailer if your helmet of choice will work with your head shape. Helmets should fit snugly without giving you a headache. They should sit flat (parallel to the ground) on your head and about to fingers above the brow. A properly fitted helmet is probably the most important piece of equipment a rider will own. So take your time and be picky about the fit!

Boots- Leather riding boots require some extra care (cleaning and oiling), so for children I recommend the leather like boots as they only require a quick wipe or hose.

\$50 and under

Paddock Boots

Saxon Syntovia Kids Zip Paddock Boots – \$35

<https://www.smartpakequine.com/pt/saxon-syntovia-kids-zip-paddock-boot-14882>

Helmets

Ovation Protégé Matte Helmet – \$50

[Ovation® Protege Matte Helmet \(smartpakequine.com\)](https://www.smartpakequine.com/pt/ovation-protége-matte-helmet)

Round Helmet

Troxel Sport Helmet – \$30

[Troxel Sport Helmet \(smartpakequine.com\)](https://www.smartpakequine.com/pt/troxel-sport-helmet)

\$50-\$100

Paddock Boots

Ariat Kids Scout Zip Paddock Boots – \$80

<https://www.statelinetack.com/item/ariat-kids-scout-zip-paddock-boots/E013773/#reviewsHeader>

Ariat Youth Devon Zip Paddock Boots – \$100

<https://www.smartpakequine.com/pt/ariat-youth-devon-iv-zip-paddock-boot-18543>

Helmets

Troxel Liberty Helmet – \$58

<https://www.smartpakequine.com/pt/troxel-liberty-helmet-12026#reviewsTab>

Troxel Spirit Helmet – \$53-58 (different colors and patterns available)

<https://www.statelinetack.com/item/troxel-spirit-schooling-helmet/E020943/>

Ovation Deluxe Schooler Helmet – \$60

<https://www.smartpakequine.com/pt/ovation-deluxe-schooler-helmet-15923>

Tipperary Sportage Helmet – \$90

<https://www.smartpakequine.com/pt/tipperary-sportage-helmet-4850>

Over \$100

Round Helmets

Trauma Void EQ3 Helmet – \$179

<https://www.smartpakequine.com/pt/trauma-void-eq3-smooth-shell-helmet-18199>

Round and Oval Options

One K Defender Matte Helmet – \$250

<https://www.smartpakequine.com/pt/one-k-defender-matte-helmet-11807>

Non-Essentials

\$50 and under

Saxon Equileather Half Chaps – \$40

<https://www.smartpakequine.com/pt/saxon-equileather-half-chaps-14863>

Piper Girls Flex Tights – \$40

<https://www.smartpakequine.com/pt/piper-girls-flex-tights-by-smartpak--knee-patch-22696>

SSG Soft Touch Kids Gloves – \$35

<https://www.smartpakequine.com/pt/ssg-soft-touch-kids-glove-22730? br psugg q=kids+gloves>

Noble Equestrian Kids' Perfect Fit Gloves – \$26

<https://www.doversaddlery.com/noble-kids-perfect-fit-glove/p/X1-39191/>**\$50-\$100**

Ovation Boys Breeches- \$90

[Ovation® Boys' 4-Pocket Breeches | Dover Saddlery](#)

Little Boy Breeches-\$85

[Belle & Bow Equestrian Boys' Show Jodhpurs | Dover Saddlery](#)

Piper Girls Breeches – \$70

<https://www.smartpakequine.com/pt/piper-girls-original-breeches-by-smartpak--knee-patch-13176>**Over \$100**

Ariat Close Contour Half Chaps – \$150

<https://www.smartpakequine.com/pt/ariat-close-contour-half-chap-11615>

Tredstep Deluxe Half Chaps – \$149

<https://www.smartpakequine.com/pt/tredstep-deluxe-half-chaps-3216>**Additional retailers:**

State Line Tack

Big D Web

Dover Saddlery

Riding Warehouse

Schneider's Saddlery

Amazon

Discounted and consignment gear:

The Tack Hack